# Name of Project

2012

# Safe Routes to School Application & I-STOP 4 Kids Worksheets



Main Contact:	
Name	
Organization	
Title	
Phone	
Email	

ldaho

**Safe Routes to School** 

## **Contact Information**

Complete the information below and provide as the first page of your proposal. Carefully read and refer to the "I-STOP 4 Kids Guidelines" as you complete this document. The person identified as the "Primary Contact Person" will be the main point of contact and must be able to answer questions regarding the application. For assistance in completing this document, please contact the Idaho Safe Routes to School Coordinator (contact information below).

Title of Proposed Project (use same as name from SR2S Travel Plan):
Applicant (name of organization):
Federal Employment Identification Number (EIN):
Sponsor Type: □ School District □ City □ County □ State □ Other
Sponsoring Public Authority (Contracting Agent):
Primary Contact Person (someone who can answer application questions):
Title:
Mailing Address:
City/State/Zip:
Daytime Phone: Fax:
Email:
School District:
School Name (Copy and attach additional Contact Pages for multiple schools):
Secondary Contact Person: Title:
Daytime Phone: Fax:
Email:
ITD District (check one)
<ul> <li>Is project(s) located in a Metropolitan Planning Organization's jurisdiction?</li> <li>Yes</li> <li>No</li> <li>Will you be submitting more than one project during this application cycle?</li> </ul>
<ul> <li>☐ Yes</li> <li>☐ No</li> <li>This program is a cost reimbursement program. Do you have funds in place to support spending,</li> </ul>

prior to reimbursement by ITD, should your project get funding?

	Yes	□ No							
infrastructu	re project is N	NOT recon		d non-infrastructure funding. If your in this federal fiscal year, do you want and-alone plan?					
	Yes	□ No							
Anticipated Fund	ling Amount	Requeste	d for this K-8 projec	ct(s)					
Project Type Infra	astructure – A	mount Re	quested \$						
Project Type Non	-Infrastructure	education	component) - Amount	Requested \$					
		٦	Total Requested \$						
Previous	ly Funded `	Year(s) _							
Project Sponso	or								
l,			(print	your name), am the authorizing official fo	r				
and certify that the above named sponsoring agency supports the proposed Safe Routes to School project and has the legal authority to apply for and pledge the funds required to receive reimbursement for this project and shall enter into a state/local agreement with ITD. I further certify that all information contained herein is true and correct to the best of my knowledge and that the sponsor will provide maintenance for all infrastructure improvements upon completion.									
Person Submitting	Proposal:								
Signature				Title	_				
Date		-							
ITD District									
Please deliver one	(1) original ar	nd fifteen (	15) copies to:						
Sa Ida An 329	O'Connor fe Routes to S tho Transporta nex Building 93 Jordan Str ise, ID 83703	ation Depa		joconnor@itd.idaho.gov 208-334-4475 (phone) 208-334-8595 (fax)					

## I-STOP 4 Kids Travel Plan Work Sheet

#### SECTION 1: Introduction and Start of the I-STOP Travel Plan

(YOUR SCHOOL SR2S TASK FORCE must be committed to ensuring that students living within biking and walking distance are able to utilize active transportation alternatives, such as walking and bicycling, for a safe and enjoyable trip to school. This I-STOP will address the issues that impede active transportation, and seek Safe Routes to School (SR2S) strategies to solve the problems identified.

Our Task Force is motivated to pursue Safe Routes to School because (check each that applies): ☐ We highly value student physical activity and health. ☐ We have a history of pedestrian or bicycle crashes around school(s). ☐ We wish to improve unsafe or insufficient walkways, bikeways, and crossings. We are committed to reducing speeding and reckless driving near school(s). Our students are threatened by illegal behaviors near school(s). ☐ We want to improve the air quality and reduce fuel consumption around our school(s). ☐ We want to build better partnerships between school(s) and the community. SECTION 2: I-STOP School Based Task Force A diverse Safe Routes to School Task Force develops the most successful programs and are involved in the day-to-day implementation of the program at each school. Identify at least two individuals for each school's SR2S Task Force, maximum points will be given for a comprehensive list of members and identify their role e.g. Walking School Bus supervisor. These individual may also be part of the Project Partners list in Section 10 of this document. The Task Force is usually comprised of a variety of individuals each lending their own unique perspective and expertise in order to make walking and bicycling to school safer, more routine and fun for our students. The Task Force should include: School staff and/or Principal, School District officials, student, parent, PTA/PTO or School Council members. Refer to the Guidelines for Task Force building suggestions; add extra pages of Task Force information for additional schools. School Name Chair or Co-chair: Representing: Role: Signature: \_\_\_\_\_Date:\_\_\_\_ Chair or Co-chair: Title: Representing: Role:

\_\_\_\_\_Date:\_\_\_\_

Signature:

Member:	
Title:	
Representing:	
Role:	
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Representing:	
Role:	
	Date:
Signature:	Date

## **SECTION 3: The Public Input Process**

of the Guidelines for information about each of t (check each that applies):	hes	e processes. The following were accomplished
☐ Administered parent surveys		Incorporated our School Wellness Policy objectives
☐ Interviewed key stakeholders		Conducted engineering studies
☐ Hosted public meetings		
☐ Solicited student opinions		Publicized a public comment period
☐ Conducted a school neighborhood "Walkabil	ity a	and Bikeability" assessment
☐ Consulted with MPO		Consulted with School District
☐ Consulted with Highway District		Consulted with ITD District
$\hfill\square$ Incorporated our town's existing bike or pede	estri	an plan recommendations
☐ Existing policies or plans support community	wic	de bicycle and pedestrian facilities
☐ Community based bicycle or pedestrian advo	ocat	es are involved in the project
$\hfill\square$ We have no public input process at this time		
□ Other		
Some highlights of our public input activities incl	ude	ed:
Provide details of existing policies or plans that spedestrian facilities:	sup	port community wide improvements for bicycle and

Our Task Force worked to include the entire community in developing our I-STOP. Refer to pages 10-12

#### **SECTION 4: Current School Travel Environment**

This is how our students currently travel to and from school. For projects that have been funded in the past state your baseline data. Provide data for each participating school on a separate page in this format. Also indicate how the information was gathered (e.g. in class hands-up count or self-reporting, school data, surveys sent home etc.) Refer to page 12 of the Guidelines to complete this section.

SCHOOL NAME:										
SURVEY METHOD:										
Baseline Travel Modes M/Y	Modes Walk Bike Bus Carpool Family Vehicle Other									
Number of Students										
Percentage of Students										
Current Travel Modes M/Y	Current Travel Modes Walk Bike School Safety Carpool Family Other									
Number of Students										
Percentage of Students										
These are the distance	s our stude	nts live fro	om schoo	ol:						
Distance Live From School	0 -1/2 mile	1/2 -	1 mile	1	- 1 1/2 miles	1 1/2 – 2	2 miles	0	ver 2 miles	
Number of Students										
Percentage of Students										
If funded, state your SR	2S project	goals:								
Travel Mode Goals M/Y	Walk	Bike	Schoo Bus	ol	Safety Bus	Carpool	Fami Vehic		Other	
Number of Students										
Percentage of Students										
School Demographics:	Т	otal stude	nts in this	s sc	chool	#		_		
	S	tudents o	n free or i	red	uced lunch	%		_		

We have the	he following supports or activities in place duri	ng :	student travel times (check each that applies):
	Crossing guards		Staff presence during drop-off/pick-up
	Speed zones		Walking School Bus
	Crosswalks		Bike Train
	Advance warning signs		Police department support
	Traffic calming devises		Crime or violence prevention program
	Student patrol		Neighborhood Watch program
	Parent patrol		Existing designated school route plan/map
	Other		
	I has the following Health and Wellness policie (check all that apply):	es ir	n place over and above state minimum
	Soda and candy is removed from vending		Nutritious snacks are offered to our students
	Member of Idaho School Nutrition Assn.		Idaho Nutrition Standards for Schools
	Idaho Physical Activity and Nutrition Program		Idaho Coordinated School Health
	Other		
and planne	N 5: School Arrival/ Dismissal Procedures and od changes)  trian and Bicyclist:	exis	ting Policies (provide details of existing policies
For Private	e Vehicles and School Buses:		

	How do you believe this project will help reduce motor vehicle congestion and emissions in the vicinity of the school, or change parent and school bus pick-up/drop-off procedures?								
SE	ECT	101	4 6: Current Barriers to Active Transportation						
We imi	e hav porta	ve id ance	entified and prioritized the following barriers to walking and bicycling to school (rate the of each that applies, as 'High-H', 'Medium-M' or 'Low-L'): For a summary of the types of fer to pages 13-15 of the Guidelines.						
			Convenience of Parents Child Care provides transportation to and from school Traffic crashes within 2 miles of school over the last 3 years Missing or insufficient walkways (sidewalks and paths) No safe place to ride a bike to school Crossing streets and intersections is difficult or dangerous						
			Crossing streets and intersections is difficult or dangerous A primary arterial or highway divides the school from residential areas Walkways are not accessible to students with disabilities Distance to school is too far Bike parking at school is missing, insufficient or non-secure						
			Dangerous driving and speeding on streets Drop-off and pick-up process creates congestion and unsafe behaviors						
_			Public safety concerns (crime, violence) School policies ban or prohibit bicycling Local ordinances negatively impact pedestrians and bicyclists Other						
Th	e foll	lowir	ng are some details regarding the barriers that we have identified as our top priorities. It cations and characteristics of specific situations:						

**SECTION 7: Creating Non-Infrastructure Solutions**Refer to pages 15-16 of the Guidelines for details on the strategies in this section.

Go	als
Ou	r primary goal(s) for active school transportation are (check each that applies): Increase the number of students walking and bicycling to school
	Improve the safety of walking and bicycling students
	Other
Str	ategies
infi We En	e have identified strategies involving four of the 5 "E's" of Safe Routes to School to address the non- restructure barriers to walking and bicycling in our school community and to achieve our stated goals. It have selected all applicable strategies from each of the categories of Education, Encouragement, forcement and Evaluation, in addition to any Engineering strategies that are indicated. The strategies will use include:
a)	Education Strategies (check all that apply)
	Create educational materials
	Teach pedestrian and bicycle safety skills to students and parents
	Organize a Bicycle Rodeo or training course to teach on-bike skills and bike maintenance
	Teach personal safety skills to students and parents
	Teach the health, environmental and sustainable transportation benefits of walking and bicycling to
	students and parents
	Educate parents and caregivers about safe driving procedures at the school
	Train school and community audiences about Safe Routes to School
	Create preferred walking and biking route maps
	Other
b)	Encouragement Strategies (check all that apply)
	Create a "Corner Captain" volunteer program (adult volunteers along route to school)
	Create Recommended Routes, Safe Houses and Safe Businesses on the route to school
	Start a Walking School Bus program
	Start a Bike Train program
	Host International Walk to School Day or other special event (first Wednesday of October each year)
	Initiate a walking/biking mileage club or other contest
	Create a park-and-walk program
	Promote Safe Routes to School in the community
	Initiate an incentive program for safe travel behaviors among students

	Start a Neighborhood Watch initiative
	Conduct a community safe driving awareness and education campaign (must get prior authorization
	from SR2S for all media funded by ITD)
	Other
-\ E	The second Command Charles (sheet) all that analy law enforcement avertime or equipment is not
-	Enforcement Support Strategies (check all that apply, law enforcement overtime or equipment is not ided by Idaho SR2S)
	Create a parent or student patrol program
	Provide regular presence during school arrival and dismissal
	Utilize speed feedback trailers or signs  Conduct increased warning and ticketing efforts that target motorists (e.g. crosswalk enforcement)
_	
	Assist with bicycle and pedestrian safety education activities and special events
	Other
d) E	Evaluation Strategies (check all that apply)
	gauge the success of our efforts, we will collect data both before and after implementation of our ategies. We will measure the impact of our I-STOP Travel Plan by (check at least one):
	Counting the number of students who walk and bicycle to and from school
	Conducting the National Center for SR2S Student Tally paper surveys or on-line surveys
	Tracking the number of crashes within 2 mile radius of school
	Conducting the National Center for SR2S parent/guardian perceptions of safety surveys or on-line
	veys
	Obtaining planning services for expanding or improving an existing SR2S Travel Plan
	We have developed additional safety evaluation measures that include: (fill in below)

If funded we will record our measurements in the following table:

Method of Evaluation	"Before" - Measure and Data Collection				
Collect Student Tally (Required during the first 4 weeks of school)	Date:  Percentage Walking:  Percentage Biking:				
Distribute Parent Surveys (Required during the first					
4 weeks of school)	Date:				
Count number of walking/bicycling students (on-	Date:				
going)	Number Walking:				
going)	Number Biking:				
Track number or crashes	Time Period:				
Track number of crashes	Number of Crashes:				
Your method	Date:				
Tour method	Your measurement:				

# SECTION 8: Mapping School Attendance Area, Preferred Routes and Proposed Improvements/Targeted Location(s)

Provide a map which depicts the school's travel routes, attendance boundaries, existing infrastructure and proposed improvements within a 2 mile radius (or what your school considers appropriate walking and biking distance). Map size shall be no bigger than 8  $\frac{1}{2}$ "X11". Color photos are also permitted (limited to 2 - 8  $\frac{1}{2}$ " X 11" pages). Attach map and photos before Section 9.

Note: We recommend providing color photos and maps for all application copies. It is much easier for reviewers to see what is being portrayed. Maximum points will be awarded for this section if the preferred walking and biking route maps are created for each school and provided with the application.

#### Your map should include the following:

- School location
- Surrounding streets and street names
- Location of sidewalks and pathways within walking or bicycling distance
- Landmarks
- Traffic signals, stop signs and yield signs
- Crosswalk and crossing guard locations
- Speed limits
- Designated walking or bicycling routes, if they exist.
- Specific areas to avoid or where extra caution is needed such as railroad tracks, four lane roads, drainage ditches, poorly maintained roads or sidewalks, driveways with heavy truck traffic, etc.

Sometimes this information is available from the school district or local planning or traffic engineering department. In some cases it may be necessary to gather more information through a walkabout, bicycle about, audit or other assessment method. For more information on conducting walking and bicycling audits, please visit www.saferoutesinfo.org/quide/engineering/walking and bicycling audits.cfm

#### **SECTION 9: A Plan for Action** (Do not exceed one additional page for this section)

The Safe Routes to School Team is committed to realizing our vision for a safe, enjoyable and accessible walking and bicycling environment for our students. We will utilize the following Action Plan to keep our efforts focused and on track:

NOTE: List SR2S strategies you identified in Section 7 in the table below and on the following page. Complete the remaining columns. (see sample in Guidelines.)

Issue	Strategy Description	Education	Encouragement	Enforcement	Engineering	Evaluation	Task	Time	Responsible Party	Status	Potential Funding Source

#### **CHOICES INCLUDE:**

**Timeframe Selections:** 3-6 months, 6-12 months, 12-24 months, or 24-36 months **Status Selections:** not yet begun, under development, being implemented, complete

Funding Source Selections: Idaho SR2S Program - current program cycle, Idaho SR2S Program - future program cycle, other funding source

(identify the source), and none needed local

Issue	Strategy Description	Education	Encouragement	Enforcement	Engineering	Evaluation	Task	Time	Responsible Party	Status	Potential Funding Source

#### **SECTION 10: Project Partners Endorsement and Approval of I-STOP**

We believe that building a strong partnership between schools and local government is fundamental to the success of SR2S project. Project Partners are individuals within agencies or organizations that have a vested interest in your school project because of jurisdiction. You must have the required support of each official in this section. Please indicate whether partners have an active *Role in the Task Force*. Our Travel Plan has been endorsed by the following representatives:

REQUIRED: SCHOOL OFFICIAL
Name:
Title:
Representing:
Task Force Role:
Signature:Date:
REQUIRED: SCHOOL DISTRICT OFFICIAL
Name:
Title:
Representing:
Task Force Role:
Signature:Date:
REQUIRED (if applying for Infrastructure project on IDT Right-of-Way): ITD DISTRICT ENGINEER
Name:
Title:
District:
Task Force Role:
Signature:Date:
REQUIRED (if applying for Infrastructure funding): LOCAL GOVERNMENT OFFICIAL (entity with jurisdiction
over the project's location)
Name:
Title:
Representing:
Task Force Role:
Signature:Date:
DECULIDED, METDODOLITAN DI ANNINC ODCANIZATION OFFICIAL
REQUIRED: METROPOLITAN PLANNING ORGANIZATION OFFICIAL
Name:
Title:
Representing:
Task Force Role: Date:
Signature:Date:

PTIONAL: PARENT ORGANIZATION (PTA, PTO or Local School Council)	
ame:	
tle:	
epresenting:	
sk Force Role:	
gnature:Date:	
PTIONAL: HEALTH ORGANIZATION (local public health agency, hospital, county Health Department, nonprofit, etc.)  ame:	
tle:	
epresenting:	
sk Force Role:	
gnature:Date:	
OTIONAL OIL.	
PTIONAL: Other	
ame:	
tle:epresenting:	
isk Force Role:	
gnature:Date:	

### **SECTION 11: Non-Infrastructure Funding Request (Including Coordinator Positions)**

**Cost Estimate for Non-Infrastructure Efforts:** Local funds and in-kind donations are encouraged, but not required.

All revisions, purchasing requests, or other expenditures over \$50.00 must be submitted to State SR2S Coordinator on the Budget Itemization ITD Form 0191 for prior approval. All requests for reimbursement must be submitted on the ITD Form 0188 Reimbursement Claim, with invoices and proof of payment. When submitting for reimbursement please keep in mind that the State fiscal year ends June 30, therefore, please remember to submit all claims for expenses incurred prior to June 30 separate from claims for reimbursement of expenses that occurred after July 1.

Cost Estimate Non-Infrastructure	Amount Requested	Donated	1	Amount ITD Approved
Personnel Costs (Coordinator hourly wage including benefits, travel, volunteer/intern stipends and all other anticipated personnel costs)*	\$	\$	\$	
Subtotal	\$	\$	\$	
Educational Materials				
	•			
Encouragement Incentives (Bike Helmets and other safety items can be included)	\$	\$	\$	
,				
Subtotal	\$	\$	\$	
<b>Special Events</b> (\$200 is the maximum allowed for refreshments per event). Sign-in sheets required for reimbursement.				
Subtotal	\$	\$	\$	
Indirect Costs (Must be accompanied by letter from the organization/agency's accountant explaining requested rate)	•			
Subtotal	\$	\$	\$	
				FEDERAL
		\$ 	\$	
This section to be completed by ITD: Total Allowed for Non-II	nfrastructure Project	\$		

This form becomes part of your contract with ITD. Any changes to the budget must be preapproved by submitting a Budget Itemization revision (ITD Form 0191). Cost overruns are the responsibility of project sponsor. \* If a coordinator position is being requested or has been funded in the past it is essential that accomplishments and future project goals be explained in a letter submitted with the ISTOP/application.

## **SECTION 12: Engineering Strategies**

Proposals requesting funds for infrastructure improvements (the 5<sup>th</sup> E – Engineering) must be accompanied by a strong Education and Encouragement non-infrastructure program (the 4 Es).

En	gineering Strategies within 2 miles of schools: if applying for infrastructure funds (check all that apply)
	Conduct speed study to see if speed reduction is warranted
	Construct, replace, improve or repair sidewalks, signals, lighting, and pedestrian crossings
	Create on-street bicycle facilities (bike lanes, widened shoulders, etc.)
	Build off-street walking/bicycling paths
	Install street crossing improvements (crosswalks, curb extensions, median refuges, raised crossings,
	pedestrian bridges or tunnels)
	Install new or improved lighting for walkways or bikeways
	Install new or improved signage (school zone, speed limits, crosswalk)
	Install new or improved pavement markings and bike lanes
	Make existing walkways accessible to disabled students
	Install bicycle parking near schools (bike racks, bike lockers, covered shelters)
	Install traffic calming or speed reduction measures (curb extensions, speed humps, traffic circles,
	raised crosswalks, narrowing lanes, street closures)
	Install traffic control devices (traffic signals, pedestrian signals, flashing beacons)
	Design pick-up and drop-off procedures to increase safety and access
	Divert traffic away from school zone or designated routes
	Engineering strategies are not identified at this time for our community
	Other (fill in below)
Ma	intenance
	no will be responsible to maintain the infrastructure project (include snow removal, damage, etc.)? ease submit a signed statement from the agency/organization with responsibility for maintenance.
FIE	ease submit a signed statement from the agency/organization with responsibility for maintenance.

Utilities List all utility fees associated with this infrastructure project and who will be responsible for fees	. If the
project involves canals, utilities or railroads please attach evidence of support, copies of agreen details of who will pay for changes resulting from the project.	nents, and
The state of the s	
<b>Project Design and Management</b> Who will design and manage the infrastructure project? Do you have in-house staff to perform Do you plan to include outside construction project administration fees in your proposal? Pleas complete with your answer.	

#### **SECTION 13: Infrastructure Funding Request**

**Cost Estimate for Infrastructure improvements**: Local funds and in-kind donations are encouraged, but not required. Contingencies up to 5% for construction costs, and project administration fees paid to outside consultants only up to 10% of the total construction, must be included in the engineering estimate and cannot exceed the total infrastructure cap of \$100,000 per project. Only projects that meet the environmental requirements of a Categorical Exclusion shall be considered for SR2S program funding. Refer to the I-STOP Guidelines for the SR2S Advisory Committee's list of tips on success for infrastructure project proposals.

- Attach ITD Form 0190 SR2S Concept Report found in the Appendix
- Attach ITD Form 0164 Environmental Evaluation found in the Appendix
- The Concept Report must be signed by the ITD SR2S District contact
- The Environmental Evaluation must be signed by the ITD District Environmental Planner
- Construction project awards are reduced to reflect construction bids received and are no longer available to the Sponsor once funds are obligated
- Bid amounts over the award are the responsibility of the Sponsor

Printed Name	Signature	Title

Cost overruns are the responsibility of the project sponsor. It is recommended that someone with construction experience complete this Cost Estimate. \*Contingencies may be requested up to 5% of the total infrastructure project cost. \*\*Construction project administration fees paid to outside consultants can be funded up to 10% of the total infrastructure project.

When submitting for reimbursement please keep in mind that the State fiscal year ends June 30, therefore, please remember to submit all claims for expenses incurred prior to June 30 separate from claims for reimbursement of expenses that occurred after July 1.

# Before Turning in the Proposal Make Certain That

The Cover Sheet with Title and contact information is completely filled out.
The Contact Information Sheet is completely filled out.
Sections 1 – 11 are complete if applying for only Non-Infrastructure funding.
The entire <b>I-STOP</b> Worksheet is complete if applying for Infrastructure funding.
The applicant has necessary staff to administer federal funding.
The written answers are brief, clear and single-spaced. Documents, which are hard to read, may compromise committee review, and jeopardize your chance for funding.
Any additional information attached must be referenced to the section being completed.
The appropriate documents are attached (i.e. maps, photographs, endorsement, ITD 0164, ITD 0190, required letters and approval form, etc.).
The I-STOP and attachments are stapled in the upper left hand corner.
The proposals are received at ITD by 5:00 pm March 31 <sup>st</sup> .
Mail an original, 15 photocopies containing all application information to:
Jo O'Connor Safe Routes to School Coordinator Idaho Transportation Department

Annex Building 3293 Jordan Street Boise ID 83703

joconnor@itd.idaho.gov

208-334-4475 Phone 208-334-8595 Fax